



ESSEX KENT OFF-ROAD CYCLING CLUB PRESENTS

8

CREEKIN HOURS

5th Annual 8 Hour Relay

SUNDAY, SEPTEMBER 13, 2008

KIDS RACE: SATURDAY, SEPTEMBER 12

TWO CREEKS CONSERVATION AREA, WHEATLEY

www.rocketmtb.ca

Get Creekin' & Register Today!

The event course is a 8 km loop through the trails of Two Creeks Conservation Area and consists of enjoyable single track, double track and some interesting technical sections.

The event starts at at 10am sharp rain or shine.

This is an endurance 8 hour relay event. Riders will carry a baton (supplied) on the course which will be presented at the start/finish/timing area to register laps, then passed to the next team member who then continues the next lap. Soloists will keep the baton. The teams with the most laps after 8 hours in their category will win prizes. Helmets must be worn at all times (pre-ride and racing).

Saturday Events

- Kids mtb. clinic (bike and helmet safety)
- Kids mtb. race (awards and prizes after the race)
- Pre-ride 8 hour course after kids race (everyone welcome)
- Registration 2 - 8pm
- Camping available for Saturday night, \$10.00 per team

Sunday Events

- Registration 8 to 9:30 am
- Race starts 10 am
- Race ends 6 pm
- Awards after race. Draw prizes during the race.

FOR MORE INFORMATION CONTACT:

Tim Vickery: 519-733-4995

victhebikerman@yahoo.ca

www.rocketmtb.ca



RIDING FOR AUTISM

Please help us to raise money for Autism by getting pledges. For every \$100.00 raised, your name will be entered into a draw for prizes.

8 CREEKIN' HOURS REGISTRATION

Please circle one.

Category	Registered before September 7	Registered after September 7
Solo	\$40	\$45
2 Person	\$80	\$90
4 Person	\$160	\$180
4 hour Solo	\$40	\$45

Register prior to Sept. 7, 2009 and every team member receives a free 8 Creekin' Hours t-shirt! Registration will be allowed up to and including the morning of the race (9:30 cut-off).
KIDS Race \$10.00 (category's will be determined by age) Saturday, September 12, 2009 at 3 pm.

Team Name: _____

Team Captain: _____

Category: Male Female Co-Ed

Saturday Camping (\$10):

Address: _____

City: _____

Postal/Zip Code: _____ Prov./State: _____

E-mail: _____

Phone: _____ Fax: _____

Amount Enclosed: _____

All communications prior to the event will be with the Team Captain.

**Solo Riders - your name will also be your team name.*

Make cheques payable to Rocket.

MAIL REGISTRATION TO:

8 Creekin' Hours
13 Pinetree Crescent,
Kingsville N9Y 0A1

Getting to Two Creeks Conservation Area

